



How a walk changed a worksite

HYLANT

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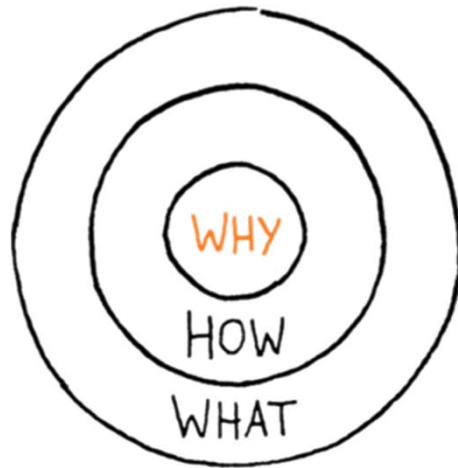
1



Meet the presenters!



Where do we begin?



The history of Deister





What we create...



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The work...



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7



Best Practice: Priming your organization for well-being

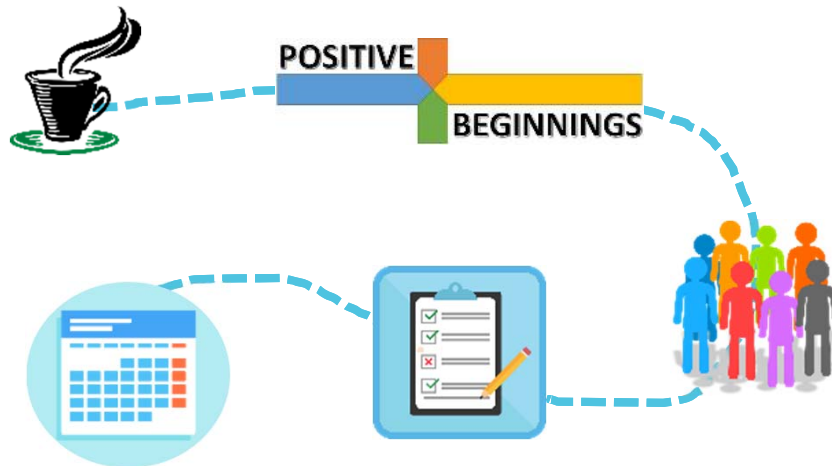


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How did we get started?



Best Practice: Data sources to drive your strategy



Claims data – medical, RX,
workers compensation



Employees surveys



Focus groups

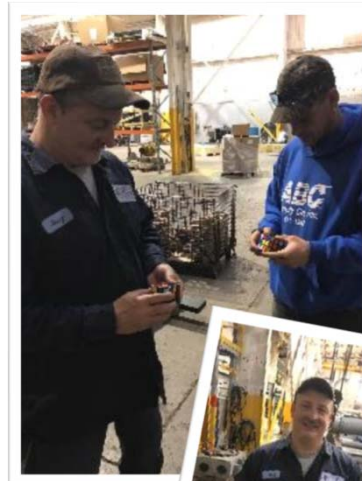


Best Practice: Crafting your roadmap

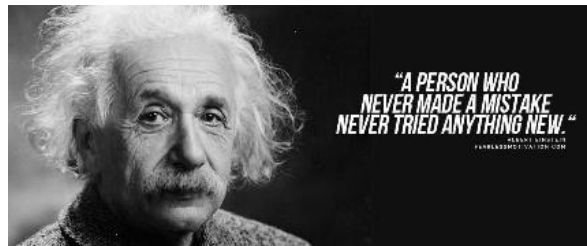


Recess!!





Best Practice: Trial & Error





The Shaker Shuffle



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15



Keeping it fun!



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Keeping it interesting...



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Best Practice: Evaluate and refine

re·fine

/rē'fīn/ 

verb

remove impurities or unwanted elements from (a substance), typically as part of an industrial process.

"sugar was refined by boiling it in huge iron vats"

synonyms: purify, process, treat

"refining our cereal foods"

- improve (something) by making small changes, in particular make (an idea, theory, or method) more subtle and accurate.

"ease of access to computers has refined analysis and presentation of data"

synonyms: improve, perfect, polish (up), hone, fine-tune

"helping students to refine their language skills"



The impact



What does the future hold?



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- Culture matters
- Employees want to know you care

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